



PRE-OPERATIVE INSTRUCTIONS FOR INTRAVENOUS SEDATION

- You may **NOT** have anything to eat or drink, including water, for **eight (8) hours** prior to the appointment. (Please consult with the doctor if you are taking any medications.)
- **NO** smoking for 12 hours prior to surgery, no smoking day of surgery.
- **A responsible adult must be present to accompany you post procedure.**
- The patient should not drive a vehicle or operate any machinery for 24 hours following the anesthesia experience.
- Please wear loose fitting clothing, such as loose-fitting pants, shirts with sleeves which can be rolled up past the elbow and low-heeled shoes.
- Contact lenses, jewelry and dentures must be removed at the time of surgery.
- Do not wear lipstick, excessive makeup, or dark nail polish on the day of surgery.

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